



PO Box 45843, Seattle, WA 98145
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Hello!

Thank you for your interest in interning with Action for Animals.

As we are a small organization our internship program is designed to provide you with experience working at a grassroots level in the vegan / animal rights movement.

AFA operates under the simple principle that animals do not exist for humans to eat, wear, experiment on, or use for entertainment; we therefore promote a vegan lifestyle.

Overview

We require a minimum commitment of one week (35 hours). We are happy to have you longer than one week as long as you have housing or we are able to find you housing.

Winter internships (Sept – May) include a variety of office and outreach duties.

Summer internships (June – August) may be limited or may require a longer time commitment and would involve more outreach at street festivals and/or music events.

Requirements

- You must be at least 18 years old at the time the internship begins.
- You must be vegetarian or vegan.
- We require a minimum commitment of one week (35 hours).
- You are responsible for all travel arrangements and expenses.
- You must possess some basic computer and internet skills - experience with Access Database, MS Word and word processing is a plus.
- You must be articulate and comfortable talking to other people about animal rights issues.
- You must be committed to the principals of the organization and eager to help animals.
- You do not need to have prior activist experience to intern for AFA.

Application

Please return your filled out Internship Application with a copy of your resume and a short essay.

Resume:

- Briefly list your level of school completed, work experience, computer skills, volunteer or activist experience and any other skills or experience you deem relevant. Make sure your resume includes your full name, address, phone number, e-mail address and age.

Essay:

- Write a short (2-3 paragraph) essay explaining why you would like to intern for AFA and what you hope to gain from the experience. Please let us know when and for how long you are available.

Also, let us know if you need us to find you housing or you have your own housing. If you are considered for an internship we will contact you to discuss housing details.

Office Policies

Working hours:

- Working office hours are set on a week to week schedule based on our event schedule for the week.

Breaks:

- A 15 minute break is allowed every two hours and a half hour meal break after 4 hours when working in the office; however these are flexible as we understand you are a volunteer.

Vegan office:

- Our office is strictly vegan. No meat, eggs, dairy, fur, wool, down, leather, silk or other animal products are allowed in the office.

Dress code:

- You will be required to wear presentable and non-animal derived clothing (no wool, down, silk, leather, fur) for outreach events (tabling, protests, etc). There is no dress code for the office other than the above policy of our office being strictly vegan.

Other:

- There is no smoking in the office or on the property.
- Allergy alert: There is a cat in the office, her name is Emma and she loves attention.

What Will You Be Doing?

Grassroots outreach activities:

- Leafleting and tabling events, banner hangs, demonstrations and protests.

Office work:

- Database entry, mailings, networking with other volunteers and activists, writing action alerts, online research, other miscellaneous office work and projects.

Compensation

- Interns may choose to accept a stipend of \$50 per week to cover food expenses.
- We will work with local activists to provide you with housing.
- Some host families may be willing to feed you.
- We are happy to provide letters of recommendation upon the successful completion of your internship.
- Most importantly, you will be helping make this world a better place for animals.

If you have any questions, please feel free to contact us. We look forward to hearing from you.

For the animals,

Dave Bemel, Director
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